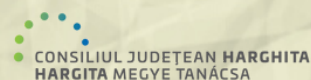




# GROWTH Project

The GROWTH Game: a Well-Being Power Up

Project Partners:



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# GROWTH Project Aim

The GROWTH Project aims to provide a digital game for teenagers that will help them internalise a growth mindset and develop their character, resolve and courage. With a GROWTH Mindset, students can develop their intellect and abilities, reach higher achievements and become resilient adults.

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## Principles of the GROWTH Mindset

- Persistence; All obstacles can be overcome
- Immersion in the process; Effort leads to mastery
- Tolerating failure; Accept criticism and learn from mistakes
- Interaction; Communication and teamwork lead to success
- Challenge; Take on the challenge and learn something new



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